

AMENDMENT TO THE CLAIMS:

1. (currently amended) A method comprising:

administering at least one ounce of a composition in the mammal on an empty

stomach comprising: non-Morinda Citrifolia based fruit juice; and

Morinda Citrifolia fruit juice concentrate;

administering at least one ounce of said composition at night on an empty

stomach; and

inhibiting the PDE enzyme in a mammal, ~~said step of inhibiting comprising:~~

~~administering to said mammal a composition comprising non-Morinda~~

~~citrifolia based fruit juice; and Morinda citrifolia fruit juice concentrate.~~

2. (original) The method of claim 1, wherein said composition comprises Morinda citrifolia fruit juice obtained by freeze concentrating Morinda citrifolia fruit juice.

3. (original) The method of claim 1, wherein said composition comprises Morinda citrifolia fruit juice concentrate obtained by evaporative concentration of Morinda citrifolia fruit juice.

4. (withdrawn) A method for reducing allergy reactions comprising:

administering to a mammal a composition comprising Morinda citrifolia fruit juice concentrate in an amount sufficient to inhibit the action of a PDE

enzyme, thereby increasing the level of cAMP, decreasing IgE, and
decreasing the secretion of histamine to decrease the allergic reaction.

5. (withdrawn) A method for increasing the body energy of a mammal comprising:
administering to a mammal a composition comprising *Morinda citrifolia* fruit
juice concentrate in an amount sufficient to inhibit the action of a PDE 5
enzyme, thereby increasing the level of cAMP, and increasing the
amount of glucose produced to increase the body energy of said mammal.

6. (withdrawn) A method for reducing asthma reactions comprising:
administering to a mammal a composition comprising *Morinda citrifolia* fruit
juice concentrate in an amount sufficient to inhibit the action of a PDE
enzyme, thereby increasing the level of cAMP, and relaxing the muscle
around the mammal's airways to decrease the severity of the reaction to
asthma.